



Sunbeam® Schools

Annapurna, Bhagwanpur, Indiranagar, Lahartara, Suncity, Varuna-Varanasi & Associate Schools



Estd. 1972

Classes - V

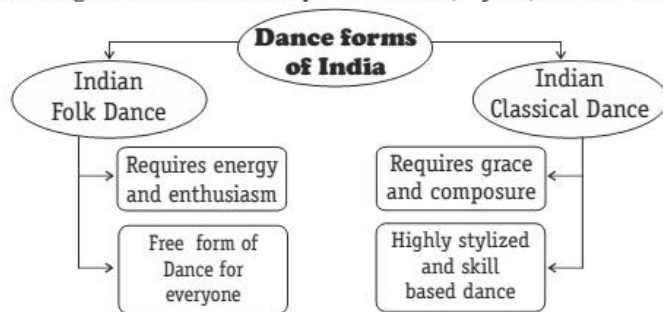
Summer Cool Enjoyment Sheet (2017-2018)

Theme : Classical Dance Forms of India

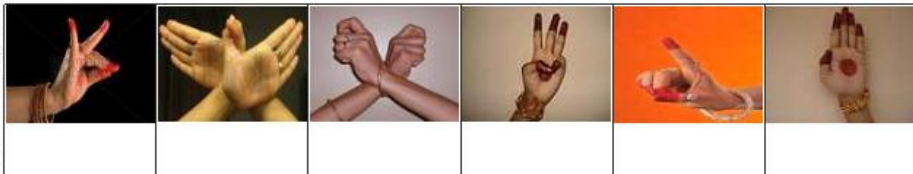
Name : _____ Class & Sec : _____ T. Sign. : _____

Dear Students,

This summer vacation, let us take a trip through the length and breadth of our rich and beautiful country and discover the **classical dance forms** of our country which have trickled down from the hands of Lord Bramha, the creator of this universe, upon mankind as a sum of **Natta, Natya** and **Nritya**. A very important feature of the Indian Classical Dance is the use of the '**mudra**' or hand gesture as a sign to demonstrate concepts like weather, objects, nature and emotions.



I. Given below are the pictures of few mudras, find out the names of these mudras and write it in the space provided. (Log on to http://en.wikipedia.org/wiki/List_of_mudra#section_2)



II. The 'Sangeet Natak Akademi' or the 'National Academy of Music, Dance and Drama' is the National Level Academy for performing arts set up by the Government of India. The aim of this academy is to promote the various performing art forms among the youth. It also provides professional training in arts like dance, drama and music to young and talented students from India and across the world.



(Log on to http://en.wikipedia.org/wiki/Sangeet_Natak_Akademi)

Let us find out :

- (a) When and where was this academy found ?

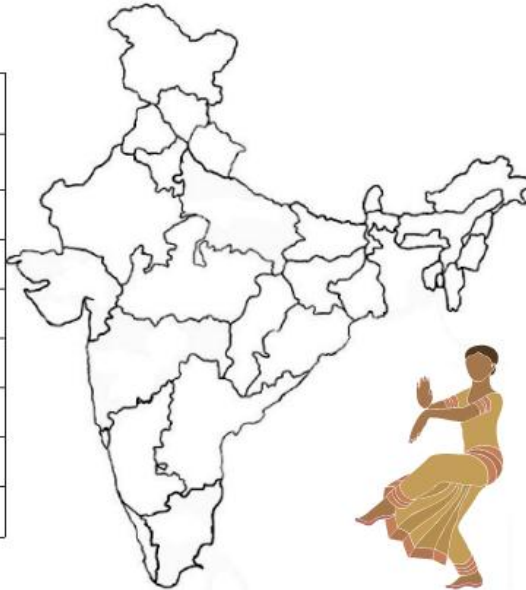
- (b) Who was its first Chairman ?

- (c) Which are the three most important awards and recognitions awarded by this academy ?
 - (i) _____
 - (ii) _____
 - (iii) _____

(2)

- III. The Sangeet Natak Akademi gives classical dance status to eight Indian dance forms as listed below. In the map of India provided to you, colour the state from which each dance originates and also colour the box provided as colour key in the same colour as used to colour the state on the map. Also write the name of the state in the space provided.

Colour Key	Dance Form	State
<input type="checkbox"/>	Kathak	
<input type="checkbox"/>	Kathakali	
<input type="checkbox"/>	Bharatanatyam	
<input type="checkbox"/>	Kuchipudi	
<input type="checkbox"/>	Odissi	
<input type="checkbox"/>	Mohiniyattam	
<input type="checkbox"/>	Manipuri	
<input type="checkbox"/>	Sattriya	



- IV. From the given pictures, identify the famous dance exponents. Their dance form is given to you.

(For more details visit www.wikipedia.org/wiki/category:indian_classical_dancers)



- (a) She is _____, a famous Kathak exponent.



- (b) _____ is a famous Kuchipudi exponent.



- (c) This is the picture of _____, a famous Bharatanatyam exponent.



- (d) He is _____, a famous Kathakali dancer.







- (e) She was _____, a famous Odissi Dancer.

V. Every dance form has its own historic or cultural significance. Let us brush up our knowledge about the significance of each dance by choosing the correct answer from the given alternatives in the questions below :

(For further reference visit www.braingle.com/humanities/art)

- (a) The alternative name of this dance is Daasiyattam. It is inspired from the sculptures of the ancient temple of Chidambaram.
 (i) Kuchipudi ☐ (ii) Bharatnatyam ☐ (iii) Kathak ☐ (iv) None of these ☐
- (b) This dance form originated in North India and was influenced by Mughals and Persians. It is characterised by swift movements and fast foot work.
 (i) Kathakali ☐ (ii) Mohiniattam ☐ (iii) Kathak ☐ (iv) None of these ☐
- (c) This dance form is a group presentation, in which dancers take various roles in performances traditionally based on themes from Hindu mythology, especially the two epics, the Ramayana and the Mahabharata.
 (i) Kathak ☐ (ii) Kathakali ☐ (iii) Kuchipudi ☐ (iv) Odissi ☐
- (d) This dance translates as 'dance of the enchantress' and is always performed by women as it has very gentle movements.
 (i) Kuchipudi ☐ (ii) Mohiniyattam ☐ (iii) Kathak ☐ (iv) Kalaripayattu ☐
- (e) This dance is from Andhra Pradesh and is named after the village where it originated from :
 (i) Odissi ☐ (ii) Bharatnatyam ☐ (iii) Kuchipudi ☐ (iv) None of these ☐
- (f) This dance style embodies delicate, lyrical and graceful movements. It aims to make rounded movement and avoid any jerks, sharp edges or straight lines.
 (i) Manipuri ☐ (ii) Mohiniyattam ☐ (iii) Nrityam ☐ (iv) Kathak ☐
- (g) This dance form dates back to 2200 B.C. and has curvaceous movements and poses like sculptures.
 (i) Kuchipudi ☐ (ii) Odissi ☐ (iii) Sattriya ☐ (iv) None of these ☐
- (h) This dance form has received recognition as one of the eight classical dance forms of India in the year 2000.
 (i) Prarthana ☐ (ii) Shastriya ☐ (iii) Sattriya ☐ (iv) None of these ☐

VI. Some of our Bollywood Actors have also been great classical dancers. Given below are the hints. Find out the names of the actors and paste their pictures in the space provided, also mention the name of the dance form they are associated with.

- (a)  This famous actor has starred in films like Humse Hai Muqabla and the recent Any Body Can Dance. _____
- (b) This actress is the daughter of yet another Bollywood actress who has been nicknamed as 'Dream Girl'. _____ 
- (c)  The actress has received formal classical dance training and has starred in films like 'Beta', 'Devdas' etc. _____
- (d) This Actor faced a ban on the screening of his film 'Vishwaroopam'. _____ 

(4)

VII. Different forms of dances are performed in different parts of the world. Origin of many of them is known to us while that of some still remains a puzzle. Not very sure if it will take a whole day or a month or year to write about all the dance forms which exist around the world as different countries have their own styles. Each dance is unique and beautiful in its own way. Some of the dance styles which are widely popular are listed here. Write the name of the countries from which these dances originate.

Fandango _____ Tap Dance _____ Salsa _____

Bachata _____ Ballet Dance _____ Flamenco Dance _____

What do you prefer, Western Dance or Indian Classical Dance ? Give reasons why ? (About 6 sentences.)



VIII. Given below are some famous dance festivals that are held in India every year. Match the dance festivals with their states or venues where they usually take place :

(Visit www.indian-heritage.org/dance/festivls.html for more information)

Column-A

- (a) Ellora-Ajanta festival
- (b) Ganga Mahotsav
- (c) Kathak Mahotsav
- (d) Ekamra Utsav
- (e) Mamallapuram Dance Festival
- (f) Natyanjali Dance Festival
- (g) Modhera Dance Festival
- (h) Chalukya Utsav
- (I) Ghungroo Festival
- (j) Soorya Classical Music and Dance Festival

Column-B

- Khamani Auditorium, New Delhi
- Mukteshwara Temples, Orissa
- Chennai, Tamil Nadu
- Soneri Mahal, Aurangabad
- Varanasi (UP)
- Sun Temple, Modhera, Gujarat
- Thiruvananthapuram
- Chidambaram, Tamil Nadu
- Pattadakal, North Karnataka
- Madhya Pradesh (Different cities every year)

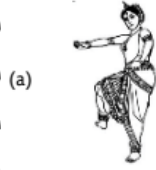
IX. Write a paragraph on any famous classical dancer from Varanasi. You may use the following points in your write-up :

- (a) Birth and early life
- (b) Dance form associated with
- (c) Awards and recognitions he/she may have received



(5)

X. Identify the dance form from the given pictures :



(b)





(d)



XI. Since ancient times the Indian classical dance was a sacred art practiced and performed mainly in temples. It was originally meant to please the divine. It is a prayer dedicated to god. Let us find out the names of the god to which these classical dance forms are dedicated and also stick the pictures of the costumes of these dance forms : (For further reference visit www.funtrivia.com)

KATHAK
Costume
God :

KATHAKALI
Costume
God :

BHARATNATYAM
Costume
God :

KUCHIPUDI
Costume
God :

ODISSI
Costume
God :

MOHINIYATTAM
Costume
God :

MANIPURI
Costume
God :

SATTIRYA
Costume
God :

Did You Know?
The term **Bharatnatyam** comes from a mix of 3 words. The general interpretation for the name is :
Bhava (Expression) +
Raga (Music) +
Tala (Rhythm) +
Natyam (Dance)

XII. ART ATTACK!!**Make a Kathakali Mask, colour and decorate it. (Use the picture given for reference)****(Submit it along with your Enjoyment Sheet)**

You may use :

- (a) Card Board (b) Poster Colours
(c) Glitter (d) Sequins etc.

(You may visit coreldraw.com/media/p/110270.aspx for reference.)**XIII. HOW WELL YOU KNOW YOUR DANCE TEACHER ?**

Name of the dance teachers in your school _____

Specialization of dance _____

Few lines about your dance teachers

1. _____

2. _____

Holiday Home Work (Summer Vacation)**English — (to be done in language note book)**

1. Write a paragraph on 'How you would react if you see a stranger in your room'. (to be done in Language notebook)
2. Project-1 (Refer pg no. 78-79 of New Broadway Course Book-5) (do it as an individual activity.)
3. Read any one book from the list of suggested reading given in your syllabus and write in 'My Reading Log'.
4. Read the book 'Four stories of Tagore' for **Reading for Pleasure exam**. Reading for Pleasure Exam will be held on **9th August '17**.

Hindi — (to be done in language note book)

1. परियोजना कार्य -
क. कारगिल युद्ध में शहीद हुए किन्हीं चार वीर सैनिकों के चित्र चिपकाकर नाम लिखिए। (Ref. Pg. 76)
ख. पाँच व्यक्तिवाचक व जातिवाचक संज्ञा का चित्र सहित जानकारी दें।
2. 'आपके जीवन में माता-पिता का महत्व' विषय पर दस पंक्तियाँ लिखिए।
3. वर्णन करो। (Pg. 47)
4. 9 से 900 तक के अंकों का लिखित तथा मौखिक अभ्यास कीजिए। (लर्नर्स कोमेट)

Maths — (To be done in Maths H.W. Notebook)

1. Project Pg. 14, 20, 45 (Notebook)
2. Worksheet Pg. 24, 40 (Notebook)
3. Learn Tables from 2 to 18
4. Assignment on logical reasoning (to be done in Learners Comate)
5. Chapter Check-up (Q1, Q2, Q3, Q4, Q8, Q9, Q10, Q11 a, b, c (Notebook) & Q7- (Book Work).

Science — (to be done in notebook)

1. Activities for formative assessment.
a. Meal Diary (Pg. 10 - to be done in C.W. notebook)
b. Visit the nearest health centre and find out the diseases that are common in your area. How do these diseases spread? (Pg. 10 to be done in C.W. notebook)
2. Make a chart on important vitamins & Minerals & deficiency diseases. (Pg. 7 - to be done in C.W. notebook)

S. St. — (to be done in notebook)

1. (Page. 7) Project Work & Art Work (to be done in CW notebook)
2. (Page. 16) Project Work (Individual work) (to be done in CW notebook)
3. (Page. 16) Hands on (to be done in CW notebook)

Sanskrit — (to be done in notebook) परियोजना निर्माण कार्यम् - पृ० सं० ६ तथा पृ० सं० १४ (प्र० सं०-१)**Computer — (to be done in notebook)**

1. (a) Design an invitation card to invite your family and friends on your birthday. Use MS-Word to design the card and take out a print out of it and paste it in your notebook.
(b) Prepare a list of guests to be invited for your birthday party. Make the list in the format given below. Take out the print out of it and paste it in our notebook.

Sr. No.	Name	Phone No.	Address
2. Write down the shortcut keys (at least 20) used in MS-Word. Make a list of it and also write its function (eg. Ctrl+C = Copy) (To be done in the note book).

Drawing — Pg. 13 Craft:- Pgs. 3, 12, 20**Submit it to your Class Teacher on the 30th of June, 2017****The best completed Enjoyment Sheet and submitted on time will be awarded a Certificate of Appreciation.**